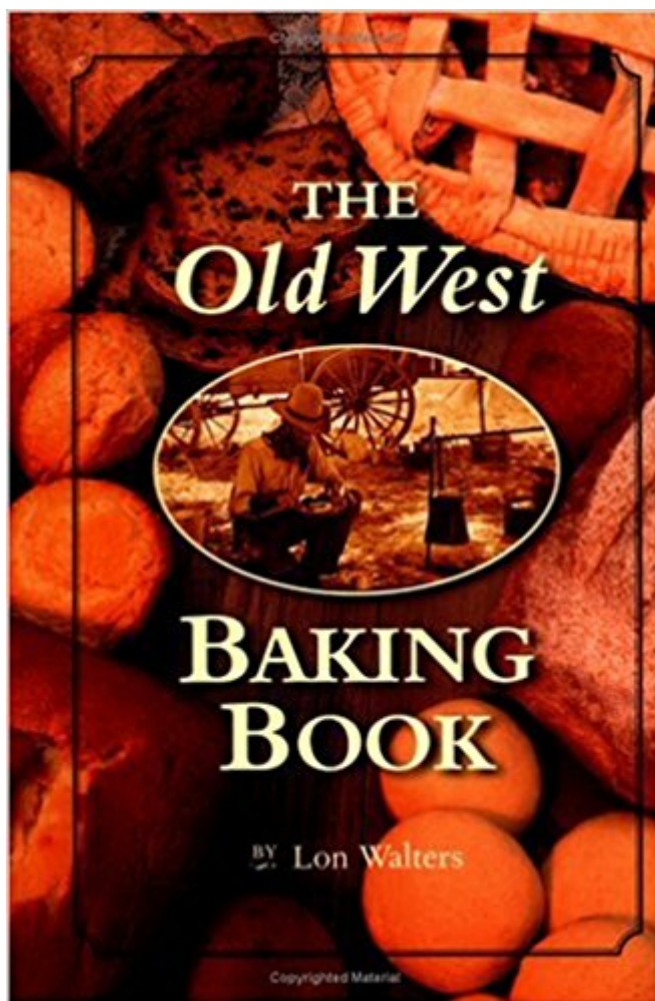


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# Old West Baking Book (Cookbooks And Restaurant Guides)



## Synopsis

Living in the Old West required not only stamina, but innovation. Imagine putting a cake together without fresh supplies, measuring spoons, or a dedicated work area; imagine baking that cake without a thermometer, steady heat, or a timer. How did those who traveled and lived in the Old West do it? The Old West Baking Book shares the baking secrets of Native American ranch house cooks, chuck wagon chefs, and wagon train homemakers, with over a hundred Old West recipes updated and kitchen tested. Laced among classic baked goods recipes such as Sourdough Biscuits, Spotted Pup Pudding, and Wild Grape-Apple Pie are dozens of anecdotes and fun facts on how our ancestors were so successful with so little. Open the pages of The Old West Baking Book and bring the flavor of the Old West into your home today.

## Book Information

Series: Cookbooks and Restaurant Guides

Paperback: 184 pages

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Average Customer Review: 4.8 out of 5 stars 13 customer reviews

Best Sellers Rank: #960,697 in Books (See Top 100 in Books) #51 in [Books > Cookbooks, Food & Wine > Regional & International > Native American](#) #162 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > West](#) #724 in [Books > Cookbooks, Food & Wine > Baking > Bread](#)

## Customer Reviews

You will gain weight with this book!

Love this cookbook. It has been a lot of fun discovering the recipes in here

She says she likes it!

Awesome recipes.

I chose this rating because there wasn't three and a half stars. I liked the book but didn't love it. A lot of things I wouldn't make, some looked pretty good. More for a family rather than a couple. I like having it in my collection though.

This book is fun, it's readable, informative, inspiring and got so many important tips about baking, it's unbeatable. Lon Walters knows what he is talking about and what to look out for when baking. Best baking tips ever! I love the history part, very well researched, entertaining and well combined with the recipes. But I would say, it is even worth buying just for the recipes and baking tips, if you're not interested in history. Another great part is that it let's you bake without shopping. If you're short on eggs, a leavening agent, butter, even flour, whatever, you almost certainly will find a recipe that fits your supplies and tastes good. Small drawback: It's not available in hardcover and the paper is of a kind that you can't write on with pencil. (I put slips of paper into the book for notes.)

I adore this cookbook! Spiral-bound, lie-flat pages; many gorgeous color photographs of the baked goods as well as historical photographs of cowboys cooking and eating; and a great layout are just the beginning. Every single recipe has a several-paragraph commentary about how the recipe came into being or the differences between the original Old West and updated recipes. Scattered throughout the book are features on various topics such as cooking equipment in the Old West, chuck wagons, and availability and use of various foods. I also enjoyed the uniqueness of the recipes. Never before have I seen recipes for green tomato pie, gems (similar to muffins), or spotted pup (a pudding). However, the book doesn't neglect more common fare such as sourdough bread, cherry cobbler, bread pudding, biscuits, etc. Additional features include an Old West cooking dictionary, a comprehensive index, and a bibliography of books about food and life in the Old West. If you love baking or the Old West, you MUST get your own copy, because I'm not going to lend mine to anyone!!!

Get out your Dutch oven. Find a ceramic crock with a tight lid. You'll need both when you open this wonderful cookbook. Of course the oven is for the baking and the crock is for the sourdough starter you'll learn to make. I couldn't believe the Old West recipes that were in this cookbook. I immediately bought several books as gifts for my relatives and friends. Walters has dug up so many memorable and forgotten recipes that it's like finding the Mother Lode of pioneer vittles. Houn' Ears & Whirlups, Splatter Dabs, Oatmeal Pudding, three different sourdough starters, Railroad Cake,

they're all packed into 170 pages. In addition, the book has excellent historical and contemporary photographs and informative inserts. The Old West Baking Book is a truly a treasure found.

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